

Living from the Heart offers:

A learning community that invites participants to deepen their experience of intimacy with Christ. Biblically, the heart is the very core of life out of which intellect, emotions, and intentions flow. Opening to God's heart of love with our whole heart, especially in our most broken places, brings a healing integration within and provides the courage to offer our lives in loving compassion to the world around us.



Course Requirements:

- Full participation in each intensive, and all Soul Care groups.
- Reading and reflective book responses.
- Receiving regular spiritual direction.
- A 24 hour personal silent retreat.

This course is also a prerequisite for SoulStream's "The Art of Spiritual Direction" course.

COURSE CONTENT:

Module 1: "*Way of the Heart*" – includes an exploration of our life in God, discovering that living out our faith in Christ is a "theology of the heart." The writings of fellow pilgrims from the past and present will inform our own spiritual journeys.

Module 2: "*Spiritual Receptivity*" – involves listening beyond simply hearing to a deep responsive attentiveness to the many ways God is speaking to us.

Module 3: "*Spiritual Transformation*" – is the means by which we develop intimacy with God and offer God's life to others.

Module 4: "*Contemplative Prayer and Discernment*" – sees prayer as responsiveness to the active, living presence of the Holy Spirit in everyday life. Discernment is seen as a way of life, deepening our ability to listen and attend to God's continual and specific movements.

Module 5: "*Contemplative Living*" – grounds us in attentiveness to the presence of Christ in everyday living.

LEARNING AND TEACHING APPROACHES: We use a variety of collaborative learning and teaching approaches including: mini presentations, short written personal reflection on assigned reading, demonstrations, small group discussion, practice in listening skills, and feedback. Between intensives we encourage mutual support among participants through SoulCare groups.

This course is offered through two one week intensives, held at Michaelite Retreat Centre which begin and end the course.

LOCATION:

Michaelite Retreat Centre located at 2751 Sunningdale Rd. W. London, ON, N6H 5L2

<http://www.michaelites.ca/retreat-house.html>

Course Dates:

This course is offered in two intensives at the Michaelite Retreat Centre.

Intensive 1: Friday, October 28, 2016, 7:00 pm – Thursday, November 3, 2016, 4:00 pm

Intensive 2: Friday, March 31, 2017, 7:00 pm – Thursday, April 6, 2017, 4:00 pm

Course Facilitators:

This course will be team led with input from the following facilitators:

Cherie Christensen
Doug Schroeder
Brandon Ferguson

... with possible guest facilitators.

Maximum number of participants will be limited to 20 for this course.

ADDITIONAL INFORMATION:

Credits for this course and for the 18-month course in the Art of Spiritual Direction may be applied toward the Master of Arts in Spiritual Formation at Carey Theological College, Vancouver, BC, Canada.

COURSE FEES:

Tuition for the entire course is \$1,375.00

ADDITIONAL COSTS:

-Application fee: \$75

-Room and Board at Michaelite Retreat Centre \$500.00 per intensive

-Books, travel and cost of personal spiritual direction

Options for fitting this into your life financially can be discussed with our course administrator

Application forms: available on SoulStream web site.

Contact

SoulStream

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SoulStream

For those who yearn for intimacy and encounter with God

SoulStream

offers a course in

Living from the Heart

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2016-2017